



**Blueprint  
Counseling**

# Private Pay & Out-of-Network Rates

Effective January 1, 2026

CPT Code	Service	Rate
90791	Initial Diagnostic Evaluation (Intake Session)	\$150
90837	Individual Psychotherapy, 53-57 Min	\$115
90834	Individual Psychotherapy, 45min	\$95
90832	Individual Psychotherapy, 30 min	\$60
90847	Couples or Family Counseling with Patient Present, 50 Min	\$120
90846	Couples or Family Counseling w/o patient present, 50 Min.	\$100
90839	Crisis Counseling, first 60 min	\$150
90840	Crisis Counseling, each additional 30 minutes	\$65
	PSB Group Counseling- Intake- Monthly (4-5 sessions) \$650	\$1000 \$650
90853	Group Counseling- TBD based on service	TBD
Extended Sessions	Sessions longer than 60 min. will have an additional fee which may not be billable to insurance for each additional increment of 30 minutes. Partial increments prorated accordingly. - \$55 per additional 30 minutes	\$55 per additional 30 minutes
Late Cancellation/Reschedule	Client cancels and/or reschedules session with less than 48 hour's notice. Fees are not billable to insurance. **Applies if not disallowed by insurance type	\$60
No Show	Client does not attend session nor cancel within 48 hours notice. Fees are not billable to insurance	Full Service Fee



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Task	Rate
Telephone Calls > 10 minutes	Prorated based on the amount of time spent at standard hourly rate.
Letter	\$28
Completion of External Paperwork (FMLA, Disability, other care collaboration)	Prorated based on the amount of time spent at standard hourly rate after the first 30 minutes
Medical Records release	One Free Copy. \$.50 per page after one free copy
Court Appearance & Preparation	\$1,050 per day. Partial days prorated accordingly. A \$350 retainer fee is required prior to delivery of any court-related services.

*Other adjunct services provided by Blueprint Counseling or contractors not listed here may incur additional fees, based on time spent in various activities and/or other costs borne by Blueprint Counseling in fulfilling requested services. Adjunct services are not billable to insurance and are the full responsibility of the client and/or their designated responsible billing party or agent.*

**All Fees shown above are subject to change at the discretion of Blueprint Counseling.**

