

A Treatment Program for Families of Children with

PROBLEMATIC *Sexual* BEHAVIOR

Some sexual play among young children, such as playing doctor or looking at private parts, may be considered normal. However, some sexual behaviors are inappropriate and potentially harmful to children. For example, some children display intrusive, aggressive, or coercive sexual behaviors. The Assessment and Treatment Program for Children with Problematic Sexual Behavior serves families of children with problematic sexual behavior.

Who Can Refer?

Our assessment, group, and family therapy services are provided without cost to the family. Contact us if you know a child who might benefit from this program. We accept referrals from:

- Parents and Guardians
- Department of Social Services
- Mental Health, Medical, Schools, and other Professionals
- Daycare Providers
- Juvenile Justice Programs



Who is it for?

There is no single type of child who develops problematic sexual behavior. It can occur in children of any gender or background.

Research shows that a range of factors may contribute to the development of problematic sexual behavior, including:

- Child sexual abuse
- Family sexuality patterns
- Exposure to sexual material
- Exposure to family violence
- Physical abuse
- Other behavioral concerns
- Trauma-related symptoms

**Contact your local PSB Coordinator:
Desiree Lambert, Blueprint Counseling, PLLC**

Blueprint Counseling provides support for everyday challenges such as stress, anxiety, and life transitions, while also specializing in evidence-based therapy for youth and sexual trauma recovery. We deliver compassionate, personalized care for every client's needs.



Contact Us
910.690.2862



Visit Our Website
www.myblueprintcounseling.com



Email Us
info@myblueprintcounseling.com

Help Begins with a Phone Call

Many children with problematic sexual behavior can be helped with outpatient treatment from 19 weeks.

They can live at home and attend school and other activities without jeopardizing the safety of other children. Even better, most of these children do not continue to have sexual behavior problems into adolescence and adulthood.

Programs are available for school-age children (ages 7 – 12 years) and their caregivers. Behaviors for which children are referred include:

- Repeatedly showing private parts to others.
- Excessive self-touching behaviors
- Failure to respect physical boundaries with others.
- Intrusive or aggressive sexual behavior, repeatedly assessing pornography
- This pioneering program is nationally recognized for its success in treating children.

Treatment

The first step is an assessment to determine if the **group treatment program** is a good fit for the child and family. If accepted into the program, children will learn:

- Rules about sexual behavior
- Privacy and boundary rules
- Coping skills and impulse control skills
- Social skills

Caregivers (parents, foster parents, grandparents) **also must participate in the program.** They learn:

- To distinguish normal from problematic sexual behaviors in children
- Appropriate responses to children's sexual behavior
- Ways to prevent problematic sexual behavior
- Effective responses to other behavioral problems

LEARN MORE >>

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www.connect.ncsby.org/psbcbt
www.ICCTC.org www.NCTSN.org

Jane F. Silovsky, Ph.D., Director, PSB Treatment Programs
Elizabeth Bard, Ph.D., Director, School-Age Program
Erin Taylor, Ph.D., Director, Preschool Program

Now available in Asheboro & Surrounding Areas!!

Telehealth appointments are also available.

For more information or to refer a child:

Contact the PSB Program Coordinator:

Desiree Lambert, LCMHCS

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